

— **ALIGNED** —

EXECUTIVE EXPERIENCE

Frequently Asked Questions

Who is the ALIGNED Executive Experience designed for?

The ALIGNED Executive Experience is designed for accomplished women leaders who carry significant responsibility and are ready to lead with greater clarity, sustainability, and purpose. Participants come from a variety of industries and leadership roles but share a common desire to align professional excellence with personal well-being.

What is included in my registration?

Your investment includes:

- Six 60-minute 1:1 executive coaching sessions (virtual)
 - The 4-day, 3-night on-site Conclave at Loews Ventana Canyon Resort & Spa in Tucson, AZ
 - Three 90-minute post-Conclave small cohort coaching sessions
 - The Energy Leadership Index™ Assessment and personalized debrief
 - Expert-led leadership sessions, frameworks, and practical tools
 - Membership in the ALIGNED Executive Women's Network®
 - Meaningful conversations and immersive group experiences with an exceptional community of accomplished women leaders
 - Wellness experiences designed to restore both mind, body, and soul
 - All meals, including an allowance for one evening on your own to explore Tucson's dining scene
 - All networking receptions and evening social gatherings (cocktails and mocktails included)
 - Preferred group rate at resort during stay with option to extend up to three days before or after the Conclave
 - 20% savings on optional spa appointments during your stay for the Conclave
 - Thoughtfully curated gifts and on-site experiences
 - ...and a few surprises we'll save for the Conclave
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When does my individual coaching begin?

Once you are registered with deposit, we will set up a discovery call to determine your coaching objectives and make your coaching assignment. You will then work with your coach to set appointments based on goals and availability.

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Can my organization pay for my participation?

Absolutely.

Many participants receive professional development funding from their organizations. We can provide an informational flyer that outlines the program, learning objectives, and business benefits to support internal approval.

Is there information I can share with my CEO or supervisor?

Yes.

We can provide a professionally designed document that summarizes the experience, learning outcomes, return on investment, and organizational benefits, making it easy to discuss participation with your leadership team.

Is this leadership development or personal development?

Both.

Exceptional leadership and personal well-being aren't separate pursuits. The ALIGNED Executive Experience is intentionally designed to strengthen both, because sustainable leadership begins with the person doing the leading.

Where can I find the registration terms, cancellation policy, and other details?

All registration policies, payment terms, cancellation information, and participant agreements are available on our Registration and Cancellation Policies page with a link at the bottom of the website. Because this is a multi-faceted experience, cancellation will be based on timing and what services may have already been used.

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How will I get to and from the Conclave?

Participants are responsible for arranging their own airfare to Tucson International Airport and from the airport to the Loews Ventana Canyon Resort & Spa. The resort is approximately a 30-minute drive (about 20 miles), and common rideshare options such as Uber and Lyft, as well as taxis and private car services are all readily available.

Can I extend my stay?

Yes. Participants may extend their stay up to three days before or after the Conclave at the group's preferred room rate, based on resort availability. Please contact Loews Ventana Canyon Resort and Spa for all room arrangements. Preferred group discount code will be provided on the ALIGNED Executive Experience registration page.

Can I share a room with another participant?

Yes. If you would like to share accommodations with another registered participant, you'll want to indicate that to the resort when making your reservations.

What should I pack?

Comfortable resort-casual attire is appropriate throughout the Conclave.

We also recommend:

- Comfortable walking shoes for the resort
- Layers for cool mornings and evenings
- Activewear and appropriate shoes if you plan to participate in hiking or yoga
- Swimsuit for the pool or spa

A detailed packing guide will be provided before the Conclave.

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What activities are available during the Conclave?

In addition to leadership programming, participants will have opportunities to enjoy complimentary morning hikes, yoga and other wellness experiences, networking events, and free time to explore the resort and nearby Tucson dining and shopping. Not included but available for private booking are spa services at a 20% ALIGNED participant preferred rate (code provided at registration).

Will there be free time?

Yes.

The Conclave is intentionally designed with space to reflect, recharge, connect with fellow participants, or simply enjoy the beauty of the Sonoran Desert. We believe meaningful transformation requires both structured learning and room to think.

Do I need to prepare before I arrive?

Yes, however we'll guide you through it. Your executive coaching sessions and Energy Leadership Index® assessment before the Conclave ensure you arrive with clarity about what you want to accomplish and how to make the most of your experience.

What happens after the Conclave?

The Conclave is only one part of your journey.

Following the Conclave, you'll participate in three small-group coaching sessions and continue your connection through the ALIGNED Executive Women's Network, helping you integrate what you've learned into your leadership and daily life. You will also have the opportunity to extend your personal coaching if you wish.

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Why only a small group?

We intentionally limit participation to create the level of trust, conversation, individualized coaching, and meaningful relationships that simply aren't possible in larger programs. Every participant has the opportunity to be known, heard, and challenged throughout the experience.

Why women only?

The ALIGNED Executive Experience was intentionally designed for women because many of the leadership challenges women navigate - balancing significant professional responsibility with personal expectations, carrying invisible emotional labor, navigating competing demands, and leading authentically in environments that often ask them to be everything to everyone - benefit from a space where those experiences are immediately understood rather than explained. The conversations begin at a different depth and explore familiar journeys when participants share that common context.

Still have questions?

We're happy to help.

Contact us at team@AlignedExecutive.life and we'll be glad to answer any additional questions.